

Cambridge resident is Mikey's 15th save

The Mikey Network's "MIKEY", a public access defibrillator, has saved the life of a 47-year old Cambridge resident, Richard Goodwin, who suffered sudden cardiac arrest while exercising.

Richard regularly exercised at the Mississauga YMCA (325 Burnhamthorpe Rd. West). Trained staff performed CPR

and applied the MIKEY defibrillator.

After one shock, they were able to get a heartbeat on Mr. Goodwin, who was starting his workout, when he collapsed. He was then transported to the Credit Val-

ley Hospital and Trillium Health Centre for treatment, and is expected to fully recover," said Mikey Network Chairman Hugh Heron.

In 2003, the "MIKEY" was one of the seven defibrillators donated to seven YMCA locations (includ-

ing Mississauga) in the Greater Toronto Area.

Since its formation, The Mikey Network has trained over 11,000 people in CPR/AED and has placed more than 1,350 MIKEYs in schools, community centres, churches and synagogues, arenas, senior's centres, sports facilities, major attraction venues, libraries and businesses.

